



Yasin's story*

*Names of the young person and the Creative Mentor have been changed to protect the young person's identity.



Having started the process not leaving his bedroom, it is clear Yasin has come on leaps and bounds.

Paul*, Creative Mentor

background to Yasin's referral

Yasin was 18 years old when his referral for Creative Mentoring was made, and he was quickly matched with a Creative Mentor. At this point, Yasin wasn't engaging in anything socially, educationally, or through employment. He was NEET and really struggled with engagement; motivation was a huge concern for the professionals around him.

He was referred to the Creative Mentoring service to support his next steps by opening horizons and possibilities for his future Employment, Education and Training. The focus was less about the creative output, but rather using creative approaches and activity to support Yasin's next steps, supporting them to feel motivated, hopeful and positive about their next steps.

who was Yasin matched with?

Yasin was matched with a Creative Mentor named Paul. Paul works predominantly outdoors and is Forest School trained, so this really tuned into Yasin's love of construction and building. Paul also had great connections with the community and networks, which would prove hugely beneficial for Yasin's next steps. At the start of their time, using our 8 Measures of Progress self-evaluation tool, Yasin scored his self-belief, confidence and ideas generation the lowest, scoring 1/5 on a 5-point scale.

at a glance

- Yasin was **18 years old** at the time of his referral
- At this stage, he wasn't engaging in anything **socially, educationally, or through employment**
- He was matched with a Creative Mentor to help **open horizons and possibilities** for future employment
- Yasin has made some or moderate progress across our **8 Measures of Progress** tool
- Yasin's Creative Mentor has introduced him to a mentor from **The Prince's Trust** to support his next steps
- Having started the process not leaving his bedroom, it is clear **Yasin has come on leaps and bounds**

Our vision is to inspire children and young people to harness the power of arts, creativity and culture for positive change.



You've been an absolute star with the work you have done with Yasin. You will be missed when you finish your sessions with him.

Yasin's Social Worker



what happened next?

Yasin and Paul worked together over three months and spent 30 hours together. Sessions took place at home, outdoors and in the community, to encourage Yasin to gain his independence and boost his confidence outside of the comfort of his bedroom.

In the first session, Yasin seemed quite anxious but relaxed as the session went on. It became clear from session to session that Yasin was very articulate, chatty and aware of his own circumstances and behaviours.

Over the weeks working together, session activities were varied and included:

- exploring a nature reserve that Yasin used to visit when he was younger
- experiencing work experience opportunities
- working on Yasin's CV together
- supporting with assessment interviews for college
- cooking a dinner together
- introducing Yasin to a Prince's Trust Mentor to support Yasin when Paul would step back.

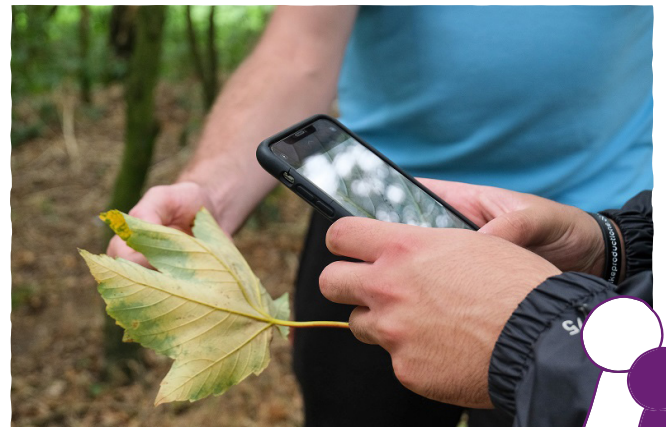
Our vision is to inspire children and young people to harness the power of arts, creativity and culture for positive change. .

how has creative mentoring supported Yasin's next steps?



Throughout their time together, Yasin and Paul have built a very strong relationship. In their final session, Paul facilitated an introduction with The Prince's Trust who are now supporting Yasin with his future "next steps". This is an important part of the Creative Mentoring journey – looking at the legacy of the work with a young person and thinking about their next steps.

Yasin's Social Worker shared "You've been an absolute star with the work you have done with Yasin. You will be missed when you finish your sessions with him".



what impact has creative mentoring had on Yasin?

Across our 8 Measures of Progress tool, Yasin has made at least some progress across all areas. Some progress is at least 1 point increase out of 5 points. These include Participation, Relationship Building, Confidence, Problem Solving, Teamwork, Communication and Ideas Generation. Yasin has made moderate progress (at least a 2 point increase out of 5) in his Motivation and Self-Belief. Having started the process not leaving his bedroom, it is clear Yasin has come on leaps and bounds.