

the mighty creatives



safeguarding pocket guide for children & young people

What is safeguarding and
where can I go for support?

social justice for young people

through arts, culture and creativity

what is safeguarding?

Safeguarding is the action that is taken to promote the welfare of children and young people, and to **protect them from harm**.

All staff, volunteers and trustees at The Mighty Creatives have the responsibility to ensure the **safety and protection** of all children and young people across our work.

how can you keep yourself safe?

There are things to consider when it comes to your own **personal safety and wellbeing**. These might include ensuring you are physically healthy and well, are involved in healthy relationships with friends and adults, are looking after your own mental health and wellbeing, as well as ensuring you're **aware of staying safe when working online**. If you are worried about any of the above, please do get in touch – or you can find other support on the back of this leaflet.

who can I contact for support?

At The Mighty Creatives, we have three members of staff who lead on **Safeguarding**. You can contact these at **any time** if you have a concern about your safety (both inside and outside your work with TMC), feel that we aren't keeping to our commitments, or have a concern about a member of staff. We may need to take further action.

This may mean monitoring the situation ourselves or passing the information onto appropriate services. We will **always** tell you if we are sharing the information and will only make decisions **that are in your best interests**.

If you are **worried about your own safety** or the **safety of someone else**, you can reach out to one of our Safeguarding leads by phone or email.

Caroline Frankland – 07889 645112
caroline@themightycreatives.com

Emily York – 07771 728163
emily.york@themightycreatives.com



what are you committed to at the mighty creatives?

At TMC we are committed to:

Understand our responsibility in keeping you safe

- Model good behaviour for you to follow
- Provide a safe environment for you to work in
- Report any concerns by following our procedures

Champion your rights

- Be respectful and understanding of individual's rights and differences
- Challenge discrimination and prejudice and encourage others to do the same
- Empower you to know your rights including your relationships to others



Build and demonstrate positive relationships

- Demonstrate relationships that are based on openness, honesty, trust and respect
- Ensure our contact with you is appropriate and relevant to your work
- Be clear about our roles and ensure another member of staff is always around when working with you

Demonstrate respect

- Observe and listen to your feelings, wishes or rights at all times
- Value and take your contributions seriously, actively involving you in activities and planning
- Create a supportive and safe space for you



where else can I go for support?



Emergency Services

If you need the help of emergency services, like the **Police** or **Ambulance** service, please call **999**.

Childline

Childline offer great support for children and young people. Visit them online at **childline.org.uk** or by telephone on **0800 1111**.

Young Minds

If you require support with your mental health, you can visit them at **youngminds.org.uk/young-person**.